

RDJ'S NOTES

COURSE D | SESSION 1

The Strangest Secret

Earl Nightingale

**If you keep doing what you've always done,
you'll keep getting what you've always got.**

Twelve-step programs, such as Alcoholics anonymous, defines insanity as “continuing the same behavior and expecting different results.” It’s just not going to happen. If you are an alcoholic and you keep drinking, your life is not going to get any better. Likewise, if you continue your current behaviors, your life is not going to get any better either.

The day you change your responses is the day your life will begin to get better!

If what you are currently doing would produce the “more” and “better” that you are seeking in life, the more and better would have already shown up. If you want something different, you are going to have to do something different.

Millionaire in the Making

The sad reality is that the average American watches television 6 hours a day. If you are one of these average folks, by the time you are 60 years old you would have wasted 15 years of your life watching TV.

That's one fourth of your life.

Do you really want to spend one fourth of your life watching other people - the ones on TV who are working, getting rich and living out their dreams - while you are vegetating?

Millionaire in the Making

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